



VIVEKANAND'S KALADARSHAN- 2.0



ACTIVITY CALENDAR 2023-2024

	UP TO 2ND	3RD TO 5TH	6TH TO 8TH	9TH TO 12TH
APRIL LIFE SKILL DAY : FIRE SAFETY WORKSHOP				
WEEK ONE	Greatest wealth is Health Difference between junk and healthy food. (with the help of original things) Skill:- Knowledge/Health Education	Greatest wealth is Health Draw or paste different fruits & write its benefits in three or four lines Skill :- Knowledge/Health Education	Greatest wealth is Health Yoga exercise Skill :- Health awareness	Greatest wealth is Health Meditation Skill :- Health awareness/Mindfulness
WEEK TWO	Dhol Bajao Baisakhi Manao Dress up in punjabi dress and dance Skill :- Presentation	Dhol Bajao Baisakhi Manao Dhol Decoration (broom sticks, thermocol glasses) Skill :- craft	Dhol Bajao Baisakhi Manao Visit to a Gurudwara Skill :- Enrichment Trip	Dhol Bajao Baisakhi Manao Speech on Baisakhi Skill :- Public speaking/ Presentation
WEEK THREE	Love the plants (Earth Day) Plantation activity in cold drink bottles/disposables Skill :- Envir. awareness	Love the plants (Earth Day) Paste any five herbs and shrubs Skill :- craft/Environmental awareness	Love the plants (Earth Day) Paste seeds, flowers, stems, leaves and roots of a plant Skill :- craft/Environmental awareness	Love the plants (Earth Day) Presentation on photosynthesis Skill :- Public speaking/ Presentation
WEEK FOUR	Navratri week Visit to temple	Navratri week Dance	Navratri week Shalok Recitation	Navratri week Sketch of Goddess Durga
MAY LIFE SKILL DAY : PERSONAL HYGIENE WORKSHOP				
WEEK ONE	Talent Hunt Skill :- Presentation	Talent Hunt Skill :- Presentation	Talent Hunt Skill :- Presentation	Talent Hunt Skill :- Presentation
WEEK TWO	Super Mom Dance video with mother Skill :- Presentation	Super Mom Card Making activity on Mother's Day Skill :- Art & Craft	Super Mom Express your feelings about your mother Skill :- Speaking/Self Expression	Super Mom Essay on Mother • Favourite things • Likes and dislikes Skill :- Writing
WEEK THREE	Fruits, Fruits, Healthy fruits Fruit chaat activity Skill :- Presentation	Fruits, Fruits, Healthy fruits Speech on any seasonal fruit Skill :- Public speaking	Fruits, Fruits, Healthy fruits Make any object with the help of fruits/Veg. Skill :- Creativity	Fruits, Fruits, Healthy fruits Make any object with the help of fruits/Veg. Skill :- Creativity
WEEK FOUR	Don't Be A Drip! Take A Sip! Making of Glucose water Activity Skill: Self Care	Don't Be A Drip! Take A Sip! Rooh-Afza/Rasna Activity Skill: Self Care	Don't Be A Drip! Take A Sip! Lemonade Activity Skill: Self Care	Don't Be A Drip! Take A Sip! Speech on Dehydration Skill: Public Speaking
SUMMER BREAK				
Special Assembly Calendar	One Family Member Allowed to Attend Mother/ Father/ Grand Parent		Moral Values (Grade 1 to 4) Meditation & Health (Grade 5 to 8) My Family/My School (K.G)	
JULY LIFE SKILL DAY : FIRST AID WORKSHOP				
WEEK ONE	Nature Talks "To walk in nature is to witness a thousand miracles" Show and tell activity Skill :- Speaking	Nature Talks "To walk in nature is to witness a thousand miracles" Nature walk tree plantation Skill :- Team work/ Environmental Awareness	Nature Talks "To walk in nature is to witness a thousand miracles" Poster making Skill :- Art/ Environmental Awareness	Nature Talks "To walk in nature is to witness a thousand miracles" Presentation on Nature Skill :- Speaking/Environmental Awareness
WEEK TWO	Flower Talks "Flowers are not flowers, the stars of the earth" Flower craft (with pencil shaves) Skill :- Craft	Flower Talks "Flowers are not flowers, the stars of the earth" Flower craft (with tissue paper) Skill :- Craft	Flower Talks "Flowers are not flowers, the stars of the earth" Flower making activity (with ribbon, paper or stocking) Skill :- Craft	Flower Talks "Flowers are not flowers, the stars of the earth" Flower bouquet Skill :- Craft
WEEK THREE	Healthy mind with healthy body Fancy Dress comp. Skill :- Presentation	Healthy mind with healthy body Show and tell activity Skill :- Speaking	Healthy mind with healthy body Salad decoration comp. Skill :- Presentation	Healthy mind with healthy body Poster on balanced diet and food pyramid. Skill: Art/Health awareness
WEEK FOUR	Expressionism Activity communicating feelings, thoughts and emotions Skill: Self Expression	Origami Craft Skill: Craft	Integration Activity Flash card on punjabi Alphabets Skill: Art/Craft	Project on save earth (pick a way to make a change) Skill :- Team work
AUGUST LIFE SKILL DAY : SELF AWARENESS/MINDFULNESS				
WEEK ONE	Bharat ko Jano Drawing/Colouring Activity Skill: Art/Civic Awareness	Bharat ko Jano Art + Craft (TBD) Skill: Art/Craft/Civic Awareness	Bharat ko Jano Rangoli comp. on save water, Beti Bachao Beti padhao/Save Earth	Bharat ko Jano Inter house comp., Quiz comp. on religious scriptures historical monuments
WEEK TWO	Freedom Fiesta Fancy dress comp. Flag making/colouring	Freedom Fiesta Badge making activity	Freedom Fiesta Portrait on freedom fighters	Freedom Fiesta Presentation on India summit prep.
WEEK THREE	Dhaagon se Bandha yeh Rishta Rakhi pasting/colouring	Dhaagon se Bandha yeh Rishta Rakhi pasting + card making	Dhaagon se Bandha yeh Rishta Hand made Rakhi Thali Deco.	Dhaagon se Bandha yeh Rishta Hand made Rakhi Thali Deco.
WEEK FOUR	Build balance with just one activity ; Walking on zig-zag line Skill: Motor skills	"There is nothing like unconditional love of a pet" Pic with pet or A few lines on pet	Let's get you moving Exercise series : Balance (TBD)	Let's get you moving Exercise series : Balance (TBD)

SEPTEMBER

LIFE SKILL DAY : UNDERSTANDING BODY LANGUAGE WORKSHOP

WEEK ONE	Murli Manohar Nand lala Janamashthmi Celebrations Visit to temple Fancy dress, dance colouring activity	Murli Manohar Nand lala Visit to temple Dance, Bhajan, Poster making	Murli Manohar Nand lala Poster making and short skit	Murli Manohar Nand lala Quiz comp
WEEK TWO	Study Period	Study Period	Study Period	Study Period
WEEK THREE	International Day of Peace (Sep 21) Coloring of symbol of Peace	International Day of Peace (Sep 21) Understanding the importance of peace	International Day of Peace (Sep 21) Peace March/Writing peace poetry	International Day of Peace (Sep 21) Peace March/Service to others/Writing peace poetry
WEEK FOUR	Study Period	Study Period	Study Period	Study Period

OCTOBER

LIFE SKILL DAY : MENTAL HEALTH WORKSHOP

EXCURSION/TRIP

WEEK ONE	Shake the world in a gentle way Make an origami Gandhi's cap Skill :- Art & craft	Shake the world in a gentle way Learn to draw Gandhiji	Shake the world in a gentle way Make a charkha with popsicle stick	Shake the world in a gentle way PPT on Constitution and its relevance to India
WEEK TWO	Gift in Real life Girl Child day (fancy dress) Skill :- Awareness	Gift in Real life Importance of Girl education	Gift in Real life Class play	Gift in Real life Speech on Girl Child Skill : Public Speaking
WEEK THREE	Education can never stop! World student day Some lines on Dr. APJ Abdul Kalamji Skill :- Speaking	Education can never stop! Quotes on Missile man	Education can never stop! Science Experiments Skill:- Knowledge	Education can never stop! Speech/writing Competition APJ Biography Skills:- Public Speaking
WEEK FOUR	Burn all your worries "Dussehra Celebrations"	Burn all your worries "Dussehra Celebrations"	Burn all your worries "Dussehra Celebrations"	Burn all your worries "Dussehra Celebrations"

NOVEMBER

LIFE SKILL DAY : PUBLIC SPEAKING WORKSHOP

ANNUAL FUNCTION

WEEK ONE	A pioneer in Highway Haryana Day Poem Recitation Skill :- Speaking	A pioneer in Highway Slogan writing competition Skill :- Public Speaking	A pioneer in Highway Essay writing competition Skill :- Creative Writing	A pioneer in Highway PPT on Haryana/skit on Haryana's Culture Skill:- Presentation
WEEK TWO	Burst your bad habits Diya/Candle making Skill :- Art & Craft	Burst your bad habits Thali Decoration	Burst your bad habits Kalash Decoration	Burst your bad habits Rangoli Competition
WEEK THREE	Foodies welcome here World Food Day Cooking without fine salad making Skill :- Learning	Foodies welcome here Sandwich making Skill:- Self care/Culinary	Foodies welcome here Sprouts making Skill:- Self care/Culinary	Foodies welcome here Fruit cream making Skill:- Culinary
WEEK FOUR	Desh ki Shakti Constitution day few lines on Dr. Bhim Rao Ambedkar Skill:- Speaking	Desh ki Shakti Quotes/Slogan writing competition Skill:- Public Speaking	Desh ki Shakti Speech on Importance of constitution Skill:- Public Speaking	Project on save earth (pick a way to make a change) Skill :- Team work

DECEMBER

LIFE SKILL DAY : DENTAL CARE (WORKSHOP & CHECK UP)

WEEK ONE	DASHING THROUGH THE SNOW Draw & decorate snowflakes Skill: Art & Craft	DASHING THROUGH THE SNOW Art & craft activity "Make a snowman"	DASHING THROUGH THE SNOW Hot air and cold air balloon activity Make a video & also write in N.B. Skill:- Knowledge	DASHING THROUGH THE SNOW Activity on life cycle of snowflakes (How do snowflakes form) Skill:- Knowledge
WEEK TWO	FOCUS ON RANDOM ACTS OF KINDNESS Pictures pasting Activity of our	FOCUS ON RANDOM ACTS OF KINDNESS Thanks Card Making Activity for Helpers	FOCUS ON RANDOM ACTS OF KINDNESS Grab this free Roll 'RAK' activity Helpers Thanks letter & Also make a video	FOCUS ON RANDOM ACTS OF KINDNESS PPT Activity
WEEK THREE	CLASSY CHRISTMAS Santa Claus is here, Art activity Santa cap & tree colouring	CLASSY CHRISTMAS Santa Claus is here Art & Craft Skill:- Art	CLASSY CHRISTMAS Santa Claus is here Card Making Skill:- Craft	CLASSY CHRISTMAS Letter to Santa claus Skill:- Writing
WEEK FOUR	Say good bye to the year "THE COUNTDOWN HAS BEGUN" Good bye party to 2023	Say good bye to the year "THE COUNTDOWN HAS BEGUN" Good bye party to 2023	Say good bye to the year 2023 Card Making	Say good bye to the year 20: Letter writing activity Write a letter to themselves reflecting on the past year and looking into the future

JANUARY

LIFE SKILL DAY : IMPORTANCE OF READING WORKSHOP

FAREWELL TO XII

WEEK ONE	NEW YEAR RESOLUTION SET GOALS	NEW YEAR RESOLUTION WRITE DOWN GOALS	NEW YEAR RESOLUTION WRITE DOWN GOALS	NEW YEAR RESOLUTION WRITE DOWN GOALS
WEEK TWO	VIVEKANAND THEMED ACTIVITY AND LOHRI ACTIVITY	VIVEKANAND THEMED ACTIVITY AND LOHRI ACTIVITY	VIVEKANAND THEMED ACTIVITY AND LOHRI ACTIVITY	VIVEKANAND THEMED ACTIVITY AND LOHRI ACTIVITY
WEEK THREE	Nutrition Week	MON - SAT (Nutrition Week)	Nutrition Week	Nutrition Week
WEEK FOUR	REPUBLIC DAY COLOURING ACTIVITY Skill:- Art	REPUBLIC DAY POEM RECITATION Skill:- Speaking	REPUBLIC DAY SLOGAN OR POEM RECITATION ACTIVITY Skill:- Speaking	REPUBLIC DAY SPEECH COMPETITION ON REPUBLIC DAY

FEBRUARY

WEEK ONE	STUDY PERIOD	STUDY PERIOD	STUDY PERIOD	STUDY PERIOD
WEEK TWO	VASANT PANCHAMI Fancy Dress in Yellow Colour	VASANT PANCHAMI Kite Making	VASANT PANCHAMI Worship of Goddess Saraswati	VASANT PANCHAMI Worship of Goddess Saraswati
WEEK THREE	GURU RAVIDAS JAYANTI	GURU RAVIDAS JAYANTI	GURU RAVIDAS JAYANTI	GURU RAVIDAS JAYANTI